



### **Archery as a Duke of Edinburgh skill**

DoE participants can select archery as one of their skills at Breckenhill.

Breckenhill is equipped with qualified instructors, indoor and outdoor ranges, and a range of different bow weights.

A typical 12 week archery programme equips you with the following skills:

- Theory
- Safety skills
- How to set up a range
- How to assemble, string and destring a bow
- How to fletch arrows
- Archery techniques:
  - o Stance
  - o Bow grip
  - o Correct shooting technique
  - o Basic targeting
- Advanced skills
  - o Outdoor techniques
  - o Fitting, using and adjusting sights

On completion of the training, we would expect you to have developed a sound technique for both indoor and outdoor archery, a good level of performance, a full understanding of the sport including all aspects of safety.

Breckenhill is an Adventuremark accredited outdoor activity centre in beautiful Antrim countryside.

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Websites: Weddings: [www.breckenhill.co.uk](http://www.breckenhill.co.uk) Activities: [www.breckenhillactivities.co.uk](http://www.breckenhillactivities.co.uk)